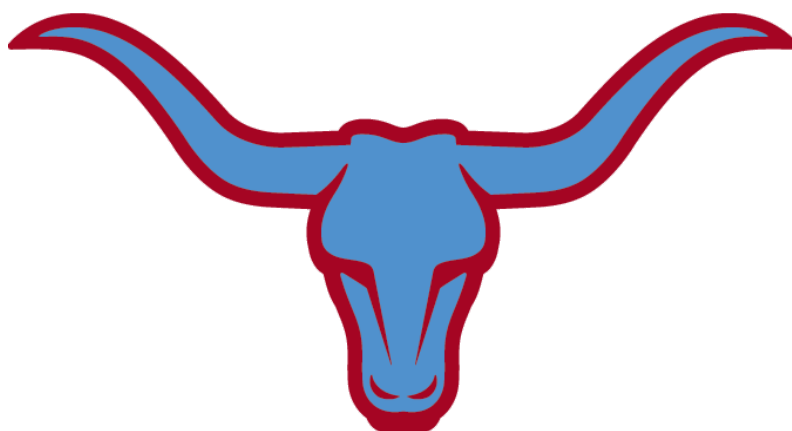




AFTER SCHOOL ACTIVITIES HANDBOOK

2023-2024



PARKWAY WEST MIDDLE SCHOOL AFTER SCHOOL ACTIVITY GUIDELINES

Extracurricular activities are an important part of the middle school years. Participation in intramural sports, clubs and fine art productions enhance academics as well as social skills in our students. Most importantly, participation in these activities provides a sense of accomplishment and personal pride, encourages organization of time, and promotes school spirit.

All on-campus activities run from **3:20 – 4:30, Monday, Wednesday and Thursday**. Activity buses will be provided to take students home, if needed by the student. All buses will depart from West Middle at approximately 4:35pm. **PLEASE MAKE SURE YOUR CHILD KNOWS WHAT BUS TO RIDE HOME!!** Once bus lists are made available, they will be added to the end of this handbook.

If your child is a car rider, please make arrangements to pick up at 4:30 P.M.

STUDENT PARTICIPATION GUIDELINES

To insure the safety and well-being of all students, please keep the following in mind:

1. Students will sign up, **on the day of a activity**, by using these forms:

[Monday Activity Form](#)
[Wednesday Activity Form](#)
[Thursday Activity Form](#)

Please note that the links will not become active until the morning of the activity.

(A link can also be found on the [Student Hub](#).)

2. Students are expected to be on time, at the proper location and with appropriate equipment and attire when participating in an activity. Activities begin at 3:20 p.m.
3. Students will stay in the activity with a teacher until dismissed at 4:30 p.m. Go to your locker and then to the cafeteria to catch your bus. If you are being picked up or you are walking home, please exit the front of the building.

If you have any questions about intramural sports, please contact Kevin Bueltemann at 314-415-7452.

IMPORTANT!

In the event that a student remains after school and does not report to an activity by 3:20 p.m. the student must report to the office and discuss the situation with an administrator.

Activity Schedule

Monday	Wednesday	Thursday
Activities/Clubs		
Dungeons and Dragons (7th Grade) Robotics Club (6th Grade) Science Bowl (All Grades) Tech Theatre Club (All Grades) Yearbook Club (All Grades)	Alliance/GSA Club (Rainbow Skittles) (All Grades) Best Buddies (All Grades -needs application to attend) Dungeons and Dragons (7th Grade) Robotics Club (7th & 8th Grades)	Board Game Club (All Grades) Chess Club (All Grades) Dungeons and Dragons (7th Grade) Pokémon Club Tutoring (All Grades) Yearbook Club (All Grades)
Intramural Sports		
Basketball (6th & 7th Grade) Cross Country (All Grades) Flag Football (All Grades) Soccer (All Grades) Volleyball (6th & 7th Grade) Wrestling (All Grades)	Archery (All Grades) Cross Country (All Grades) Soccer (All Grades)	Basketball (8th Grade) Volleyball (8th Grade) Wrestling (All Grades)

Please use these forms to sign up for an activity, club or sport:

[Monday Activity Form](#)
[Wednesday Activity Form](#)
[Thursday Activity Form](#)

ACTIVITIES

ALLIANCE/GSA CLUB (Rainbow Skittles)

A group of LGBTQ+ supportive people building community, learning, and having fun! In the tradition of a GSA, we support each other with art, music, culture, history, and crafts. Students also organize school events to support the LGBTQ+ community, depending on their interests.

(START DATE: OCT. 4, 2023 - MAY 16, 2024)

Who: All West Middle Students

When: Wednesday

Where: Room 3325

Sponsor: Mrs. Richardson and Ms. Hoffman

ARCHERY CLUB

Students learn how to shoot target archery in the National Archery in the Schools Program (NASP). Through a series of training sessions, games and practice sessions, students improve their concentration, eye-hand coordination and aim. Those students who complete the minimum attendance requirements and training sessions will be invited to participate in the "West Middle Sharpshooters" competition team. The Sharpshooters participate in tournaments throughout Missouri from December through March. Look for information regarding a parent meeting at the end of September.

(START DATE: SEPT. 20, 2023 - MAY 16, 2024)

Who: All West Middle Students

When: Wednesday

Where: Small Gym

Sponsors: Mr. Hasler

BASKETBALL

This is a coed team and everyone is eligible. Students will be provided opportunities to develop skills, strategy, and teamwork through game play. Students may compete against other Parkway Middle Schools in a basketball tournament.

(START DATE: NOV. 9, 2023 - DEC. 19, 2023)

Who: All West Middle students

When: Monday 6th & 7th Grade / Thursday 8th Grade

Where: Large Gym

Sponsors: Mr. Remes and Ms. Hermann

BEST BUDDIES' FRIENDSHIP PROGRAM

Students are invited to participate in group activities that are centered around building meaningful relationships and social connections. These activities will take place as an afterschool activity on Wednesdays, beginning November 1st. Each month we will highlight an important area of inclusion. We will also plan one activity a month that is outside of school hours (typically on a weekend). Our goal is for our buddies to create meaningful connections in our school community. The membership application is available online at bestbuddies.org/join.

(START DATE: NOV. 1, 2023)

Who: All West Middle students who sign up through the Best Buddies website

When: Wednesday

Where: Room 3417

Sponsors: Dr. Worthy, Ms. Kenyon and Ms. Milholland

BOARD GAMES CLUB

Board Games Club is open to everyone! Come alone or with friends! Games are provided, but you are welcome to bring your own as well. Come and meet new friends! We love strategy and fun!

(START DATE: SEPT. 14, 2023)

Who: All West Middle students

When: Thursday

Where: Room 3114

Sponsor: Mrs. Miller

CHESS CLUB

Come enjoy community with others over friendly games of chess. No experience necessary.

(START DATE: SEP. 14, 2023)

Who: All West Middle Students

When: Thursday

Where: Room 3516

Sponsor: Mr. Schmidt

CROSS COUNTRY

Cross Country is open to all students. Be prepared with proper attire and footwear to run outside. Cross country is a sport in which teams and individuals run races on outdoor courses over natural terrain. Races shall be run over courses confined, to the extent possible, to open country, fields, parks, golf courses, and grasslands.

See Ms. Babb and Ms. Wuelling with any questions.

(START DATE: SEPT. 11, 2023 - NOV. 1, 2023)

Who: All West Middle Students

When: Monday and Wednesday

Students can stay one day or two days a week

Where: Room 3308

Sponsors: Ms. Babb and Ms. Wuelling

DUNGEONS AND DRAGONS

The D&D Club is a group where we bring together diverse players to create an adventure in a world formulated by the Dungeon Master. We hope to exude cooperation, critical thinking, and logical skills in order to traverse puzzles and realistic scenarios through the course of these games.

(START DATE: SEPT. 11, 2023)

Who: Seventh Grade

When: Monday, Wednesday and Thursday

Where: Room 3100 in the Mosaic Academy Area

Sponsor: Ms. Megl

FLAG FOOTBALL

This is a coed team and everyone is eligible. Students will be provided opportunities to develop skills, strategy, and teamwork through game play. Students may compete against other Parkway Middle Schools in a flag football tournament.

(START DATE: MARCH 11, 2023 - APR 17, 2024)

Who: All West Middle students

When: TBD

Where: TBD

Sponsors: Mr. Lilledahl

POKÉMON CLUB

All things Pokémon. We can talk about, play games, draw pictures, and watch videos about Pokémon! Why? Because you gotta catch 'em all!

(START DATE: OCT. 19, 2023)

Who: All West Middle students

When: Thursday

Where: Room 3220

Sponsor: Mr. Dwiggins

ROBOTICS CLUB

The Robotics Club will meet every Wednesday, and we will compete in the VEX Robotics of Competition's 2023-2024 game, Over Under. All grades welcome and no experience necessary.

(START DATE: SEPT. 20, 2023)

Who: All West Middle Students

When: Monday 6th Grade / Wednesday 7th & 8th Grades

Where: Room 2500

Sponsor: Mr. Glasson

SCIENCE BOWL

Science Bowl is a club for students who are passionate about science and math. We compete in science bowl practice rounds to prepare for the regional competitions in early 2024. There are only 15 spots available so there will be a test to see who qualifies. The top 15 scores will make the team.

(START DATE: SEPT. 11, 2023 - MARCH 8, 2024)

Who: All West Middle students

When: Monday

Where: Room 3405

Sponsor: Ms. Shenderov

SOCCER

This is a coed team and everyone is eligible. Students will be provided opportunities to develop skills, strategy, and teamwork through game play. Students may compete against other Parkway Middle Schools in a soccer tournament.

(START DATE: SEPT. 11, 2023 - OCT. 17 or 18, 2023)

Who: All West Middle students

When: Monday and Wednesday

Where: Upper Field

Sponsors: Mrs. Wright and Ms. Jorel

TECH THEATRE CLUB

This club works on organizing, designing and building our school plays. If you want to be apart of this cool backstage team, sign up for our meetings on mondays after school

(START DATE: SEPT. 11, 2023 - May 16, 2024)

Who: All West Middle Students

When: Monday (Runs All School Year)

Where: Room 2210

Sponsor: Mr. Deanes

TRACK

This is a coed team and everyone is eligible. Students will be provided opportunities to develop skills, strategy, and teamwork through game play. Students may compete against other Parkway Middle Schools in a Track Meet.

(START DATE: After Spring Break - May 16, 2024)

Who: All West Middle students

When: TBD

Where: TBD

Sponsors: TBD

TUTORING

Highschool Tutors meet with students to clarify and review concepts taught in class, explain processes and help students solve specific problems. Tutoring supports classroom-centered activities, and as such, the emphasis and content of the tutoring sessions is determined by the student's needs.

(START DATE: SEPT. 14, 2023)

Who: All West Middle Students

When: Thursday

Where: Library

Sponsor: Mr. Gerace, Ms. Heilich and Ms. Lundy

VOLLEYBALL

This is a coed team and everyone is eligible. Students will be provided opportunities to develop skills, strategy, and teamwork through game play. Students may compete against other Parkway Middle Schools in a volleyball tournament.

(START DATE: JAN. 18, 2024 - FEB. 22, 2024)

Who: All West Middle students

When: Monday 6th & 7th Grade / Thursday 8th Grade

Where: Large Gym

Sponsors: Ms. Heilich, Ms. Hermann, Ms. Jorel and Ms. Kramme

WRESTLING

The Wrestling Intramural Program consists of about 10-15 practices and culminates with an inter school tournament with Parkway's other 4 middle schools. Student-Athletes of all shapes, sizes, skill level, ability, and gender are welcome and they will be "challenged appropriately" (matched up with someone of their likeness) both at practice and at the tournament. The West High Program has produced multiple State finalists that got their start @ West Middle in the Intramural Program. The Little League Wrestling circuit starts up November 1st and student-athletes can transition into their local club wrestling programs if they have a good experience!

(START DATE: SEPT. 11, 2023 - OCT. 25, 2023)

Who: All West Middle Students

When: Monday and Thursday

Where: Small Gym

Sponsor: Coach Lilledahl

YEARBOOK CLUB

Students will work with the yearbook company, Herf-Jones, to create the West Middle Yearbook. Students who are interested in digital photography, writing content and captions, organization, and editing will learn and use skills necessary to create the yearbook. This student production is an excellent opportunity to prepare for journalism classes at West High School.

(START DATE: SEPT. 11, 2023 - May 16, 2024)

Who: All West Middle students

When: Monday & Thursday

Where: Room 3102

Sponsor: Mr. Hasler

If you do not see an activity you are interested in, be sure to check back often either online or in our daily announcements. We anticipate adding new activities throughout the year. If you would like to propose a club, fill out this link; [Club Proposal Form](#)

Activities will not be held on the following dates as well as when grade level parties are held. (Those dates are still to be determined.) There may be other dates when an activity will not be held, notification will be sent out if this occurs.



**Middle School After-School Activities
Calendar 2023-2024**

Monday	Wednesday	Thursday
September 11	September 13	September 14
Odd	No Activities	Odd
September 18	September 20	September 21
Odd	8-Period	Odd
September 25	September 27	September 28
Odd	8-Period	Odd
October 2	October 4	October 5
Odd	8-Period	Odd
October 9	October 11	October 12
Odd	Odd	No Activities
October 16	October 18	October 19
No School	Even	Odd
October 23	October 25	October 26
Odd	Odd	Even
October 30	November 1	November 2
Odd	8-Period	Odd
November 6	November 8	November 9
Odd	Even	Odd
November 13	November 15	November 16
Odd	No Activities	Odd
November 20	November 22	November 23
Odd	No School	No School
November 27	November 29	November 30
Odd	8-Period	Odd
December 4	December 6	December 7
Odd	8-Period	Odd
December 11	December 13	December 14
Odd	No Activities	Odd

Monday	Wednesday	Thursday
January 15	January 17	January 18
No School	Even	Odd
January 22	January 24	January 25
Odd	8-Period	Odd
January 29	January 31	February 1
Odd	No Activities	Odd
February 5	February 7	February 8
Odd	8-Period	Odd
February 12	February 14	February 15
Odd	Odd	No Activities
February 19	February 21	February 22
No School	Even	Odd
February 26	February 28	February 29
Odd	8-Period	Odd
March 4	March 6	March 7
Odd	8-Period	Odd
March 11	March 13	March 14
Odd	8-Period	Odd
March 25	March 27	March 28
Odd	8-Period	No Activities
April 1	April 3	April 4
Odd	Even	Odd
April 8	April 10	April 11
Odd	8-Period	Odd
April 15	April 17	April 18
Odd	Odd	No Activities
April 22	April 24	April 25
Odd	8-Period	Odd
April 29	May 1	May 2
Odd	8-Period	Odd
May 6	May 8	May 9
Odd	No Activities	Odd
May 13	May 15	May 16
Odd	8-Period	Last Day Activities

We will ensure all students are capable, curious, caring, and confident learners who understand and respond to the challenges of an ever-changing world.

Intramural Sports Competitions (InterDistrict)

Event	Grade Level	Type	Date	Location	Time
Soccer Tournament	6th Team 7th Team	COED	October 17th	West High Soccer Field (Clayton Rd)	4pm
Soccer Tournament	8th	Boys Team & Girls Team	October 18th	West High Soccer Field (Clayton Rd)	4pm
Wrestling Tournament	All Grade Levels	All Genders	October 25th	West Middle	4pm
Cross Country Meet	All Grade Levels	(6) Races Boys and Girls/Grade Level	November 1st	South Middle	4pm
Basketball	6th	Coed	December 18th	Southwest Middle	4pm
Basketball	7th	Coed	December 18th	Central Middle	4pm
Basketball	8th	Boys Team & Girls Team	December 19th	West Middle	4pm
Volleyball	6th Team 7th Team	Coed	February 21st	Southwest Middle	4pm
Volleyball	8th	Boys Team & Girls Team	February 22nd	Southwest Middle	4pm
Flag Football	6th/7th/8th Grade Team	Coed	April 17th	Central High Turf	4pm
Softball	6th Team 7th Team	Coed	April 24th	South High Fields	4pm
Softball	8th Team	Coed	April 25th	South High Fields	4pm
Track	All Grade Levels	Coed (Boys Events and Girls Events)	May 16th	North High Track	9am